



# Unit Eight: Tying it All Together

**We've spent seven units exploring our main emotions through art; Visual Art and the Theater Arts. Now, let's reflect on those experiences with a culminating classroom dance party!**

## **Step One: Create Visual Art**

**Let students know they will have a dance party, and that they will first need to imagine some things that could happen at this party. Begin by reminding students we can see stories within the music we listen to. Then, with music you've chosen, have students draw pictures based on what they hear, with the specific prompt: *What is something happy, sad, maddening, or scary that could happen at a dance party?* Give them enough time to finish their work, and then spend some time sharing and discussing some of the artwork with the full group before moving onto the next portion of the activity.**

## **Step Two: Create your Dance Party**

**Reminding students to keep safe bodies and voices, let them know it's now time to have their dance party. Tell them they can dance safely anyway they'd like when the music **STARTS**, and when you say **STOP**, they can safely freeze anyway they choose. Begin by simply starting and stopping the music, to see if they are following guidelines. If so, see how much you can add to the experience. Can they dance like they are mad, and then freeze in an angry pose? Can they do the same for Happy, Sad, and Scared? Make sure you're giving them a range of music with a variation of feels!**

## **Step Three: Combine Visual Art with your Dance Party**

**After they've mastered this, it's time to layer their artwork onto the exploration. Tell them you will use their artwork as inspiration for the next **START/STOP** prompts. As the music plays, describe what you see in the picture. Focus on the climax of each picture, or a component that would lend itself to an interesting frozen picture. Remember to have fun narrating what you see in the artwork! Have students explore your improvised stories within both their moving and frozen bodies, and reflect with them afterwards on their experience.**