



Unit 5: Exploring Emotions through Music and Creating Visual Art

We've spent the first four units exploring our emotions in scaffolded social experiences. Let's now expand this investigation through music and creating our own visual art.



Music Exploration

In the Hall of the Mountain King is a famous classical piece by Edvard Grieg that's often used in scary movies and shows. Click the icon on the left for the link, to use for the following activity.

Have the students get comfortable in their own personal spaces, and close their eyes as they listen to the music. Once the music is finished, ask *how the music made them feel? Why did it make them feel that way?*

Once you've explored their emotional reaction, play the music again and ask them to pay attention to any stories or characters they might see when they listen to the music. After listening the second time, ask students what stories or characters they saw. Take multiple answers, and comment on the differences you're hearing. Have students dig deeper into their answers. If multiple students saw a monster, *how do each other monsters look different? Did they see any colors or shapes within the music?*

Continue to explore the range of emotions through these symphonic pieces!

Happy

Hoe Down by Aaron Copland

Promenade - Walking the Dog by George Gershwin

Mad

Dance of the Knights by Prokofiev

10th Symphony - 2nd Mvt by Shostakovich

Sad

Carnival of the Animals (Tortoise) by Camille Saint-Saens

Tristesse by Chopin

Scared

Tocatta in D Minor by Johann Sebastian Bach

The Gnome by Modest Mussorgsky