



# Unit 3 Standards and Questions

## Learning Standards

### Preschool:

**II Social and Emotional Development**  
**III Physical Development, Health and Safety**  
**VII Understanding the World**

### Elementary:

**Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities**  
**Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences**  
**Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies**

## Pre-Episode Questions

What is something that scares you?

What do you do when you are scared to help calm yourself down?

How does your body look and feel like when you are scared? What are the thoughts in your head?

What is something that used to scare you but doesn't anymore?

## Post-Episode Questions

Alex was scared the basement was going to flood. When are times you've seen the adults in your life scared?

There is a thunderstorm in this episode. Why can the weather sometimes be scary?

What are some good, new things to try, even if it's scary to do it for the first time?

Langston was frightened by Zora's scary shadow. What are some things you think he can do to help calm himself down?