



Unit 1 Standards and Questions

Learning Standards

Preschool:

**I Approaches to Learning
II Language and Literacy
VII Understanding the World**

Elementary:

**Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities
Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences
Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies**

Pre-Episode Questions

What does it mean to be frustrated? When are times you've felt this way?

What are other feelings similar to frustration?

What are some ways you can help others when they are having big feelings?

Why is it important to use our words when we are having big feelings?

What can you do if you feel you need help with something?

Post-Episode Questions

Why was Nico frustrated?

What was something Nico did with Da'Lene to help calm himself down? When have there been times you've done this to calm yourself down?

How did Nico start to feel after he began opening up to Langston and using his words to express himself?

What are some things you will do next time you are having a big feeling like being frustrated?